

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

Remimeo  
Class 0-IV

HCO BULLETIN OF 8 AUGUST 1971  
ISSUE II

(HCO BULLETIN OF 24 JANUARY 1969 REVISED)

SUB-ZEROS - TRIPLE GRADES  
LOWER LEVELS - TRIPLE GRADES

Org \_\_\_\_\_

Auditor \_\_\_\_\_

Pc Name \_\_\_\_\_

Case Super \_\_\_\_\_

Date \_\_\_\_\_

Note: This HCO B is to be used ONE FOR EACH PC as a check-sheet for that pc and belongs in his/her folder. IT IS DONE DURING session, not filled in after.

Triple Grades depends upon the three primary flows: In-Flow, Out-Flow, and Cross-Flow. These are designated respectively: F1, F2, and F3.

Each Grade is now followed by a Havingness process. Processing deletes unwanted mass. Havingness restores the mass "desired" and eventually brings one up to not needing it. Each grade is complete when it's Havingness processes have been run to FN after all flows of all processes here listed for that grade have been run each to FN.

TRIPLE RUDS RUN

in this or an earlier session

Rud flown this session

Auditors  
Initials

To FN \_\_\_\_\_

To FN \_\_\_\_\_

STRAIGHT-WIRE TRIPLE

SW F1: 1. Recall a time that was really real to you.

Tell me about it.

To E/P \_\_\_\_\_

2. Recall a time you were in good communication with someone.

Tell me about it.

To E/P \_\_\_\_\_

3. Recall a time you really felt affinity for someone.

Tell me about it.

To E/P \_\_\_\_\_

4. Recall a time you knew you understood someone.

Tell me about it.

To E/P \_\_\_\_\_

- SW F2: 1. Recall a time that was really real to another.  
Tell me about it. To E/P \_\_\_\_\_
2. Recall a time someone was in good communication with you.  
Tell me about it. To E/P \_\_\_\_\_
3. Recall a time someone really felt affinity for you.  
Tell me about it. To E/P \_\_\_\_\_
4. Recall a time another knew he/she understood you.  
Tell me about it. To E/P \_\_\_\_\_

- SW F3: 1. Recall a time that was really real for others.  
Tell me about it. To E/P \_\_\_\_\_
2. Recall a time another was in good communication with others.  
Tell me about it. To E/P \_\_\_\_\_
3. Recall a time another really felt affinity for others.  
Tell me about it. To E/P \_\_\_\_\_
4. Recall a time another knew he understood others.  
Tell me about it. To E/P \_\_\_\_\_

- Havingness: SWH F1: Look around here and find something that is really real to you. To E/P \_\_\_\_\_
- SWH F2: Look around here and find something that would really be real to another. To E/P \_\_\_\_\_
- SWH F3: Look around here and find something that would be really real to others. To E/P \_\_\_\_\_

TRIPLE DIANETICS

Dianetics, Secondaries & Engrams run Triple R3R to full E/P of "A well and happy human being".  
(Commands per HCO B 8.3.71 Issue II Precision Dianetics The Commands of R3R.) To E/P \_\_\_\_\_

LEVEL O TRIPLE

STEP ONE: AUD-PC CLEARANCE

- OOF-A1 What are you willing to talk to me about?  
What would you like to tell me about that? To E/P \_\_\_\_\_
- OOF-A2 What are you willing for me to talk to you about?  
What would you like me to tell you about that? To E/P \_\_\_\_\_

STEP TWO: O-O

- OOF-1 What are you willing for another to talk to you about?  
What would you like him/her to tell you about that? To E/P \_\_\_\_\_
- OOF-2 What are you willing to talk to another about?  
What would you like to tell another about that? To E/P \_\_\_\_\_
- OOF-3 What are you willing for another to talk to others about?  
What would you like him/her/them to tell others about that? To E/P \_\_\_\_\_

STEP THREE - OA

Auditor chooses person by making a canned list of people it would be difficult to talk to or listen to and taking each item in turn. (Ref: HCO B 26/12/64 "O-A Expanded")

- OA F-1 If \_\_\_\_\_ could talk to you what would he talk about?  
Alright, if he were talking to you about that what would he/she say exactly? To E/P \_\_\_\_\_
- OA F-2 If you could talk to \_\_\_\_\_ what would you talk about?  
Alright if you were talking to \_\_\_\_\_ about that what would you say exactly?  
(pc is expected to speak as tho' talking to the subject chosen.) To E/P \_\_\_\_\_
- OA F-3 (Auditor chooses 2 people who would have difficulty talking to each other.)  
If \_\_\_\_\_ could talk to \_\_\_\_\_ what would he/she/they talk about?  
Alright, if \_\_\_\_\_ was talking to \_\_\_\_\_ about that what would he/she/they say exactly? To E/P \_\_\_\_\_

STEP FOUR - OB

(Per HCO B 11/12/64 Zero Processes)

- OB F-1 (Auditor makes a canned list and chooses subject pc wd find it difficult to hear another talk about.)  
What are you willing to have someone else tell you about \_\_\_\_\_?  
Who else could he/she say those things to? To E/P \_\_\_\_\_
- OB F-2 (Aud makes a canned list and chooses subject pc wd have difficulty talking about.)  
What are you willing to tell me about \_\_\_\_\_?  
Who else could you say those things to? To E/P \_\_\_\_\_
- OB F-3 (Auditor makes a canned list and chooses subject pc would have difficulty having others discuss.)  
What are you willing to have someone tell others about \_\_\_\_\_?  
Who else could another say those things to? To E/P \_\_\_\_\_

Havingness:

- OH F1: What solid could you understand? To E/P \_\_\_\_\_
- OH F2: What solid could another understand. To E/P \_\_\_\_\_
- OH F3: What solid could another get others to understand. To E/P \_\_\_\_\_

LEVEL ONE TRIPLE

- 1-F1 What problem have you had with someone?  
What solutions have you had for that problem? To E/P \_\_\_\_\_
- 1-F2 What problem has another had with you?  
What solutions has another had for that problem? To E/P \_\_\_\_\_
- 1-F3 What problem has someone had with another?  
What solutions have they had for that problem? To E/P \_\_\_\_\_

Havingness:

- IH F1 a. Point out something desirable. To E/P \_\_\_\_\_
- IH F2 a. Point out something another would find desirable. To E/P \_\_\_\_\_

IH F3 a. Point out something another could get  
others to desire. To E/P \_\_\_\_\_

LEVEL 2 TRIPLE

2-F1 What has another done to you?  
What has another withheld from you? To E/P \_\_\_\_\_

2-F2 What have you done to another?  
What have you withheld from another? To E/P \_\_\_\_\_

2-F3 What has another done to another?  
What has another withheld from another? To E/P \_\_\_\_\_

Havingness:

2H F1 Tell me a flow you could be interested  
in. To E/P \_\_\_\_\_

2H F2 Tell me a flow another would be interested  
in. To E/P \_\_\_\_\_

2H F3 Tell me a flow another could get others  
interested in. To E/P \_\_\_\_\_

LEVEL THREE TRIPLE

(Per HCO B 6 August 1968 R-3-H)

NOTE: You can't learn Grade III by rote. You have to  
know its mechanics and the bank, and the relationship of change  
to ARC Breaks.

3-F1 Locate a change in pcs life by listing to  
ED F/N "What change has happened in your  
Life?"  
Using that Period get it dated, get some of  
the data of it so you know what the change  
was. Get the pos ARC Bk connected with the  
change and do ARCU-CDEI earlier similar to  
F/N Cog VGIs. To E/P \_\_\_\_\_

3-F2 List to ED F/N item: What change has  
happened in another's life? Do same  
steps as above, as applied to THAT  
PERSON. To E/P \_\_\_\_\_

3-F3 List to BD F/N item: What Change has  
happened in others lives? As above,  
applied to OTHERS. There MAY BE MORE  
THAN ONE ARC BK. HANDLE THEM ALL. To E/P \_\_\_\_\_

Havingness:

3H F1: What is unknown about that (room  
object)? To E/P \_\_\_\_\_

3H F2: What doesn't another know about that (room To E/P \_\_\_\_\_  
object)?

3H F3: What about that (room object) could someone To E/P \_\_\_\_\_  
make unknown to others.

LEVEL FOUR TRIPLE

4 F-1 List to BD F/N item "In this Lifetime  
what does another use to make you wrong?"  
Despite BD F/N on item, put it into  
brackets as below (unless pc says it has  
blown totally on Listing. If in doubt,  
run the brackets.)

1. In this lifetime how would \_\_\_\_\_ (ser fac)  
make another right?
2. In this L/T how would \_\_\_\_\_ make you  
wrong?
3. In this L/T how would \_\_\_\_\_ help  
another escape domination?
4. In this L/T how would \_\_\_\_\_ help  
another dominate you?
5. In this L/T how would \_\_\_\_\_ aid others  
survival?
6. In this L/T how would \_\_\_\_\_ hinder  
your survival? To E/P \_\_\_\_\_

4 F-2 List to BD F/N item: "In this Lifetime  
what do you use to make others wrong?"

1. In this L/T how would \_\_\_\_\_ make you  
right?
2. In this L/T how would \_\_\_\_\_ make others  
wrong?
3. In this L/T how would \_\_\_\_\_ help you  
escape domination?
4. In this L/T how would \_\_\_\_\_ help you  
to dominate others?
5. In this L/T how would \_\_\_\_\_ aid your  
survival?
6. In this L/T how would \_\_\_\_\_ hinder the  
survival of others? To E/P \_\_\_\_\_

4 F-3 List, "In this lifetime what does another  
use to make others wrong?" BD F/N Item.

Run it in:

1. In this lifetime how would \_\_\_\_\_ make  
another make himself right?
2. In this lifetime how would \_\_\_\_\_ let  
another make others wrong?
3. In this lifetime how would \_\_\_\_\_ help  
another escape domination?
4. In this lifetime how would \_\_\_\_\_ help  
another dominate others?

5. In this lifetime how would \_\_\_\_\_ aid  
another's survival?
6. In this lifetime how would \_\_\_\_\_ hinder  
the survival of others? To E/P \_\_\_\_\_

Havingness:

- 4H F1 Tell me a flow you know something about. To E/P \_\_\_\_\_
- 4H F2 Tell me a flow another could know  
something about. To E/P \_\_\_\_\_
- 4H F3 Tell me a flow someone could get others  
to know about. To E/P \_\_\_\_\_

HCO B Revised by Dept 12  
C/S and incorporating  
advices of LRH

for

L. RON HUBBARD  
FOUNDER

LRH:RL:nt  
Copyright © 1971  
by L. Ron Hubbard  
ALL RIGHTS RESERVED